

# CINCINNATI CENTER *for* DBT

## Outpatient DBT Therapist

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Cincinnati Center for DBT is seeking clinicians who are eager to learn and implement adherent DBT in our thriving practice! We are a group practice in Cincinnati, Ohio that specializes in providing evidence-based, cognitive-behavioral treatments. The Cincinnati Center for DBT's mission is to provide effective, evidence-based, cognitive-behavioral and dialectical behavioral treatment, training, and education locally and nationally. We are passionate about delivering adherent DBT because data indicates that DBT, **when provided adherently**, saves lives.

Although previous experience/training in DBT is preferable, **we will provide intensive training and supervision to help our clinicians become adherent DBT therapists.** By the time the clinician completes their intensive training with us, they will meet the didactic requirements needed to apply for clinician certification through the DBT-Linehan Board of Certification.



Clinicians will have the opportunity to:

- provide CBT & DBT individual, family, and/or couples therapy
- co-lead DBT adult skills groups and/or adolescent multi-family groups
- become part of a DBT consultation team that meets weekly
- continue to develop their interests and expertise

We provide:

- paid time off & paid holidays
- health, vision, dental, life, and short-term disability insurance
- competitive compensation
- a flexible schedule
- all of the training and supervision needed to become an adherent DBT therapist
- telehealth from home and an inviting office in Mt. Auburn
- the setting and resources to pursue and develop your interests

- a small and close-knit team led by a CBT & DBT expert who makes the time to invest in you
- weekly individual and group supervision/consultation
- access to an administrative assistant

#### Education/Experience Requirements:

- Master's Degree or Doctoral Degree in psychology, counseling, social work, or a related field
- Active, unrestricted license to provide services in Ohio; independent licensure is strongly preferred (e.g., LISW, LPCC, Psy.D., Ph.D.)
- Candidates must strongly value all facets of diversity and be committed to building and maintaining an anti-racist and inclusive culture
- Strong background in behavioral/cognitive-behavioral therapy
- Enthusiastic desire to learn and implement DBT
- Willingness to participate in intensive DBT training, including a minimum of three hours of training per week and outside readings and exercises
- Willingness to utilize a DBT orientation and participate in a weekly DBT consultation team
- Able to commit to a minimum of 20 direct service hours per week
- Willingness to work exclusively for Cincinnati Center for DBT

We are especially interested in clinicians who have experience treating eating disorders, high-conflict couples or families, and teens.

#### This job is for you if you:

- are passionate about helping clients build a life they experience as worth living
- believe in providing DBT adherently in order to save lives
- want to improve your practice
- want the opportunity to intensively train and work with a DBT expert
- want to experience less burnout and have a strong, supportive clinical team
- enjoy seeing clients change their lives by employing the evidence-based techniques you teach them
- want to truly gain mastery in providing DBT (and not just be DBT-informed!)

To apply, please send a resume and cover letter to Dr. Nikki Winchester at [info@cincinnaticenterfordbt.com](mailto:info@cincinnaticenterfordbt.com).

Other contact info:

[Cincinnaticenterfordbt.com](http://Cincinnaticenterfordbt.com)

126 Wellington Pl, Cincinnati, OH 45219  
513-268-8306