

CINCINNATI CENTER *for* DBT

Transforming Lives Through Evidence-Based Care

Evidence-Based Practice (EBP) Therapist

Full-time | Hybrid (Cincinnati office + telehealth) | 20-client-hour caseload | Flexible schedule

This Is More Than a Job. It's an Invitation.

Are you a skilled, passionate therapist who's committed to evidence-based care? Do you want to be part of a high-integrity, team-oriented practice where clinical excellence, flexibility, and genuine collaboration are the norm?

Now imagine doing all of that while working just 23-30 hours a week, earning top-of-field pay, receiving full benefits, and having an admin team to handle the logistics so you can focus on your clients—not billing, rescheduling, or paperwork. Imagine being part of a team that genuinely supports each other, shows up with radical genuineness, and actually makes room for growth, feedback, and being human.

Hi. We're Cincinnati Center for DBT. And we'd love to meet you.

This isn't just another therapy job—it's a chance to work in the kind of practice you always hoped existed, and to grow into the clinician you've always wanted to be. This is a chance to do meaningful work using the modalities you love—surrounded by clinicians who value clinical excellence, authentic connection, and ongoing growth.

The Opportunity

This role is part of our newly launched **Evidence-Based Practice (EBP) Track**—a clinical track of Cincinnati Center for DBT for clinicians who provide high-quality, non-DBT therapies such as EMDR, ERP, CBT-I, ACT, CBT, IFS, or others. You'll have autonomy in your

approach while still benefiting from our robust team structure, support systems, and shared values around evidence-based care.

The EBP Track is part of a strategic initiative to make CCDBT a one-stop shop for evidence-based care. Our clients often have diverse needs—including trauma, OCD, sleep issues, and relational difficulties—and we believe they deserve to be treated by the best, without needing to leave our practice.

This role is especially critical for clients who have completed Stage 1 DBT and are moving into trauma or relational recovery work (Stage 2+), as well as new clients who don't require full-model DBT. You'll help us expand our reach, diversify our services, and uphold our mission to deliver high-fidelity care across modalities and stages of treatment.

At CCDBT, you get to focus on what you do best—therapy. We provide the training, support, and administrative infrastructure so you can thrive clinically without drowning in paperwork, billing, or burnout. Our team is warm, genuine, and serious about doing great work *and* taking care of each other.

You'll have a sustainable caseload, total transparency around expectations, and a leadership team that actually listens. Whether you're just starting to specialize or bringing years of experience, you'll be part of a culture that values growth, clinical integrity, and real human connection.

You'll receive:

- Competitive compensation with only 20 clinical hours required each week
- True work/life balance (most of our team works ~30 hrs/week total)
- Administrative support so you can focus on clients
- A team that values warmth, transparency, feedback, and connection
- A hybrid schedule that allows flexibility and balance
- Opportunities for supervision (provided or received), consultation, and didactics



What You'll Be Doing

By Month 1, you'll be:

- Attending onboarding
- Starting to see clients in your specialty area
- Joining weekly onboarding buddy check-ins
- Getting oriented to our EHR and internal systems, including documentation, scheduling, and how we support you administratively.

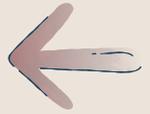
By Month 3, you'll be:

- Maintaining a full caseload and submitting timely documentation
- Building and managing your own schedule in a way that supports your energy, client outcomes, and work/life balance—with guidance available when you need it.
- Checking in with the clinical director monthly on your goals and feedback
- More confident and connected with the team

By Month 6, you'll be:

- A fully integrated part of our services, working with clients who see you independently and those receiving coordinated care as part of our broader treatment team.
- Supervising provisionally licensed staff or trainees (if desired and credentialed to do so)
- Feeling confident, supported, and connected to meaningful work

Does this sound like you?



- You're a licensed clinician (LSW, LPC, MFT, LISW, LPCC, LMFT, IMFT, PsyD, PhD) able to attend weekly meetings in person at our Cincinnati office
- You're passionate about delivering effective, research-informed care
- You have experience in at least one EBP (EMDR, ACT, ERP, CBT, CPT, CBT-I, PE, ART, etc.)
- You love structure, clarity, and accountability
- You take feedback well and seek it out to improve your work
- You're organized, self-aware, and able to manage your own emotional responses while continuing to grow as a clinician
- You've treated clients with past self-harm or suicide attempts, even if they weren't actively suicidal during your care.
- Note: You don't need to be trained in or practice DBT to join our EBP Track.

We're building an EBP team that's **diverse in specialty, experience, and interest**. You'll stand out (in the best way) if you have:

- **Advanced training or certification** in your modality (e.g., EMDR certified)
- Experience treating **trauma, OCD, eating disorders, families, couples, teens, or kids**
- **Independent licensure and/or supervision credentials**
- Authorization to practice under **PSYPACT** or **licensure in multiple states**
- Some experience with or knowledge in DBT (in effort to best serve our Stage 2 clients)

These aren't required—we're more interested in your willingness to grow, your alignment with our values, and your passion for this work.

This is NOT the right fit if:

- You're not trained and experienced in at least one EBP
- You're uncomfortable with regular feedback, personal accountability, or being part of a team that values high standards and transparency
- You want to see less than 20 clients/week
- You aren't interested in joining a tightly knit team culture
- You're not invested in continuous learning and growth

What's in it for you?

- Health, vision, dental, life, short-term disability, accident, & critical illness insurance (available to clinicians with 23+ clinical hours/week, per carrier requirements)
- Paid time off + holidays
- Liability/malpractice insurance
- Training stipend

- High-quality, no-cost supervision for licensure
- Retirement + matching
- A beautiful office in Mt. Auburn + optional remote days
- Admin support that removes the headaches (billing, scheduling, cancelations, paperwork reminders)
- Optional ongoing didactics
- Work when you want, how you want—you control your schedule

And the **real** perks?

- You'll feel less burned out. You'll laugh with your team. You'll know your clients are getting better.
- You'll grow as a clinician and a person. You'll remember why you got into this field in the first place.



About Cincinnati Center for DBT

We are a mission-driven practice focused on delivering adherent DBT, training clinicians, and offering effective, evidence-based care. Our clients can be high-risk, emotionally intense, and sometimes in crisis—and we love working with them. Our leadership is active,

invested, and experienced in EBPs and we are fiercely protective of our supportive, radically genuine, and feedback-rich team culture.

The EBP track is a branch of our group practice designed for clinicians who use non-DBT evidence-based treatments. We share the same values of fidelity, compassion, accountability, and community—but with fewer structural requirements. Our EBP clinicians receive the same support, benefits, and access to growth while working with clients aligned with their preferred modalities.

Above all else, we're a team. We show up for each other with curiosity, accountability, and lots of humor. We're serious about the work we do, but we don't take ourselves too seriously—and we believe laughter belongs in the therapy world, too.

At CCDBT, you'll find a rare combination of clinical excellence, operational support, and genuine connection. We believe therapists do their best work when they're supported as human beings—not just clinicians. Here, you're encouraged to grow, take risks, stretch your skills, and keep becoming the therapist (and teammate) you want to be, alongside a team that invests in you as a person, not just as a provider.

Apply Now

This isn't a job for everyone—and we don't want it to be. But if you're reading this and feeling a fire inside you - we want to hear from you.

Send your resume and cover letter to:

 careers@cincinnati-centerfordbt.com

 www.cincinnati-centerfordbt.com

 126 Wellington Pl, Cincinnati, OH 45219

Learn more about what sets us apart at cincinnati-centerfordbt.com/employment.